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In Cooperation with

ESC Pre-Congress-Meeting
Current Problems in Preventive Cardiology

Chairmen:
Prof. Dr. P. Mathes,
Prof. Dr. M. Halle

Hotel Kaiserin Elisabeth
Tutzinger Straße 2
82340 Feldafing

Tel.: +49 (0)8157 9309-0
Telefax: +49 (0)8157 9309-133

Via plane
From the Airport S8 or S1 to Munich Laim.
Change to S6 direction Tutzing/Starnberg to the station Feldafing.

Via train
Munich Central Station S6 to Tutzing/Starnberg to the station Feldafing.

With the car
Autobahn A 95 München-Garmisch bis Ausfahrt Starnberg
Then via Possenhofen to Feldafing

Friday August 29, 2008

Hotel “Kaiserin Elisabeth”
Tutzinger Straße 2
82340 Feldafing
Dear colleagues,

On the occasion of the 25th anniversary of the foundation of the working group on Cardiac Rehabilitation ESC we would like to welcome you to a fresh look on actual concepts of Prevention and Rehabilitation in Heart Disease.

Located on the shore of Lake Starnberg south of Munich, Feldafing will allow us to combine the intellectual wit some moderate physical exercise while visiting the “Roseninsel” to encourage the personal exchange of different views on current issues.

Having followed the path of “Sissi”, the Bavarian Princess and Empress of Austria, we would like you to join us for a dinner in her favourite location, the Hotel “Kaiserin Elisabeth”, named after her.

Looking forward to seeing you in Feldafing,

Prof. Dr.med. P. Mathes    Prof. Dr. med. M. Halle
FACC, FESC                       Direktor der Präventiven und Rehabilitativen Sportmedizin
Munich Rehabilitation Center                                    Klinikum rechts der Isar
Carl – Wery – Straße 26                                      TU – München
81739 München

Program

12.00 – 14.00 Lunch (Buffet)
    Informal Presentations

14.00 – 14.30 Actual Concepts of Exercise in Prevention

Chair: M. Halle, München; J. Perk, Oskarshamn

14.00 – 14.05 Welcome and introduction
    P. Mathes, München

14.05 – 14.20 Exercise and progenitor cells
    G. Schuler, Leipzig

14.20 – 14.35 Exercise training in stable coronary artery disease
    R. Hambrecht, Bremen

14.35 – 14.50 Exercise in heart failure
    S. Adamopoulos, Athen

14.50 – 15.05 Exercise in diabetes
    A. Niebauer, Salzburg

15.05 – 15.20 Do we still need an exercise test?
    B. Richartz, München

15.20 – 15.35 Cardiac imaging vs exercise testing
    N. Leber, München

15.35 – 16.00 Break

16.00 – 17.30 Essentials and Deficiencies in Secondary Prevention

Chair: P. Mathes, München; H. Saner, Bern

16.00 – 16.15 Are we achieving what we should?
    D. Wood, London

16.15 – 16.30 Potential and limitations of dietary intervention
    H. Gohlke, Bad Krozingen

16.30 – 16.45 Is it life style or medication?
    H. Saner, Bern

16.45 – 17.00 Is the use of stents appropriate?
    S. Silber, München

17.00 – 17.15 Exercise in secondary prevention
    A. Cohen-Solal, Paris

17.15 – 17.30 Prevention in times of economic restraint
    N. Oldridge, USA

17.30 – 17.35 Scientific summary
    M. Halle, München

17.35 – 18.00 Adjourn (Individual Discussions)